

**Helpers in Your Community:** Is the helper able, available and acceptable?

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| CRISIS (DISTRESS) CENTER: 988; (800)273-8255 or text HELP to 741-741 | |
| SUICIDE PREVENTION CENTER: BATON ROUGE CRISIS INTERVENTION CENTER (800)4370303 | |
| TEEN LINE: 504-777-3273 crisis teen text line | |
| RAPE/SEXUAL ASSAULT CENTER 337-208-7278 | |
| DOMESTIC VIOLENCE HOTLINE: 800-799-7233 | |
| SEXUAL ABUSE HOTLINE: 800-656-4673 | |
| CHILD ABUSE HOTLINE: 855-452-5437 | |
| POLICE: 911; Vernon Parish Sheriff's Department (337)238-1311 | |
| PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 - landline displays your exact location | |
| MENTAL HEALTH CRISIS / RESPONSE: 337-392-2349  **Vernon Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help** | |
| HOSPITAL EMERGENCY SERVICES: Byrd Regional 337-239-9041; | |
| HOMELESS SHELTERS**: Vernon Community Action Council 337-239-4457** | |
| YOUTH SHELTER CASA for assistance 337-239-1970 | |
| MENTAL HEALTH OUTREACH CLINIC: Caring Choices 337-238-6431, Rehab Services of Cenla 844-758-6238 | |
| CHILDREN/YOUTH PSYCHIATRIC CLINIC: 337-238-7030 Dept of Children & Family Services | |
| PRIVATE PRACTITIONERS: Lord Clinic 337-238-0167; Lubbos medical clinic 337-239-7227 | |
| MEDICAL CLINIC / GENERAL PRACTITIONER: Vernon Parish community health cntr 337-392-0110 | |
| STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline | |
| CHILDREN’S SERVICES OFFICES: Dept of Social Services 337-463-6091; Vernon child support 337-238-2600 | |
| STUDENT SERVICES: Vernon Parish School Board 337-239-3401, | |
| CHILD CARE REFERRALS: Child Care Assistance Provider 225-342-1879 | |
| PARENT TRAINING: Vernon Health Unit [337-238-6410](tel:318-253-4528) | |
| FAMILY SUPPORT SERVICES: Family readiness center 337-531-9426 | |
| SELF HELP GROUPS: Clearsky Rehabilitation Hospital 337-392-8118 | |
| SUBSTANCE ABUSE COUNSELING: Mary Catherine Bienvenu 337-326-4957 | |
| ALCOHOLICS ANONYMOUS 318-561-6119 | |
| MENTAL HEALTH SERVICES: 318-487-5191 CLHSD; Counseling Center of West La. 337-428-1583 | |
| RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you. | |
| LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE:  337-239-2008 District Attorney's Office | |
| COMMUNITY CORRECTIONS OFFICERS: 337-238-1311 Vernon Parish Sheriff | |
| Other: SaveCenla.com | Other: 337-497-0034 Volunteers of America |
| Other: 337-238-6401 Dept of Veterans Affairs | Other: 211 (Resource center) |
| Other: (318) 442-6621 American Red Cross  Trauma Therapy (EMDR): Karin Ebersohn 318-308-3571 or Kevin Boudreaux 318-794-2543 | Other: https://www.depression-anxiety-stress-test.org/ ; survivorsofsuicide.com |

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